



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Maine Chapter

February
2024
Volume 3

**February is
Heart Safety
Month!**

NEWSLETTER

Message from the Editor...

Greetings Maine Chapter members and welcome to our third newsletter!

This is our third issue of the newsletter and I'd love to get some feedback – are these helpful? Is it something you'd like to see us continue to publish? Are there potential topics you'd like to see us cover?

What do you want more of?

- Local (Maine) topics?
- Industry-specific topics?
- Live events?
- Profile stories about our Maine chapter members?
- Training topics?
- Kurt

We can only serve you better if you let us know what interests you – let me know today!

Hands-Only CPR

for adults who suddenly collapse

STEP 1:
CALL
9-1-1



STEP 2:
**Push Hard
& Fast in
Center of
Chest**

Continue until help arrives!

February is Heart Safety Month and at my work we schedule our annual First Aid and CPR training for this month.

This year we're putting a lot of emphasis on "Hands Only CPR" as we've received feedback that many of our employees are not comfortable performing CPR using rescue breaths. The good thing is, "Hands Only CPR" has proven just as effective in providing blood circulation in those crucial minutes before medically trained personnel can arrive on scene.

Contact your local American Heart Association to learn more.

Vote in ASSP's 2024 Elections Starting March 1

Voting for our 2024 elections will open Friday, March 1. We will send ballots to all qualified ASSP members via e-mail. Be sure to review all candidate information, including biographies and platform statements.



MEET YOUR MAINE CHAPTER BOARD MEMBERS

President

Kurt Kirkland, CSP, CIT

Secretary

Rose Wess, CSP

Past President

Sean Ryan, CSP, CHSP

Membership Chair

John Lowrie, CPP

Member-At-Large

Rob Deelsnyder, CHST, STSC

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Treasurer

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Tim McCarty, MSc, CSP, ARM, ALCM, CSSM, CPSI

Jobs Chair

Jared Rossingol, CUSP

Member-At-Large

Nathan Boutwell, MEng, CSP, CIT, SMS, CUSP

The Board typically meets on the 3rd Wednesday of the month; we maintain all our meeting minutes on the ASSP Maine Chapter website.

To contact your Board Members, go to: <https://maine.assp.org/>

CALENDAR OF EVENTS

Feb 20th...Virtual Technical Meeting – open to all chapter members

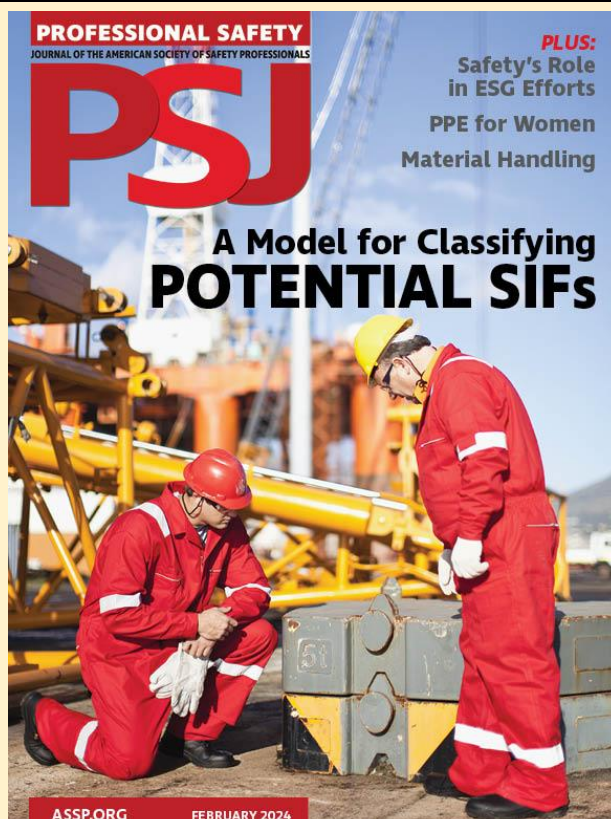
Feb 21st...Virtual Technical Meeting – open to all chapter members

Mar 1st...ASSP Elections open up

Mar 1st...SARA Tier II reports due

Mar 2nd...OSHA 300 Logs due

Aug 7-9th...ASSP Safety 2024 -Denver



As a member of ASSP you automatically receive the monthly issue of Professional Safety...how do you use this resource?

Do you read it cover to cover or just skim articles of interest?

Are there particular sections you like more than other? Best Practices? Leading Thoughts? PSJ Asks?

Do you read the peer-reviewed articles? Have you ever thought of submitting one yourself?

Maybe you just like to see what's new in safety resources by checking out Product Pulse?

Howsoever you use your copy of PSJ may I suggest that once you're done, pass it along, leave it in the Company break room for others to enjoy.

Please send your questions, comments, suggestions, and feedback and I will respond as soon as I am able. This Newsletter is not possible without the input from the Chapter Membership!

Chapter President: Kurt A. Kirkland president@maine.assp.org